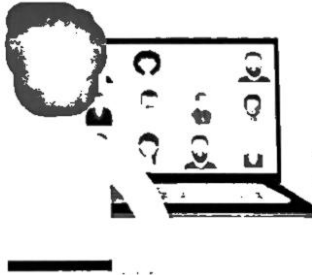




Purbasthali College
EDUCATION DEPARTMENT
Organises
One Day National Webinar On



MENTAL STRESS AND SUICIDAL TENDENCIES OF NEW GENERATION IN PANDEMIC SITUATION



July 12, 2020 (Sunday) @ 05:00 P.M.

Webinar Platform

You

Asa
Principal
Purbasthali College
Parulia, Burdwan



CHAIRPERSON

Dr. Shikha Chandra Saha

Associate Professor
Department of Education
University of West Bengal, India.

EMINENT SPEAKERS



Dr. Ganesh T. Pandit

Associate Professor
Department of Education
Central Board of Secondary Education
Shri Balaji Gandhi Campus
Karnataka, India.



Dr. Parimal Sarkar

Assistant Professor
School of Education
Nanda Sahakar Open University
West Bengal, India.



Dr. Nandita Deb

Associate Professor
Department of Education
Sri Siddhanta Das College
University of Calcutta
West Bengal, India.

Mr. Debanshi Chakraborty
Coordinator / Organizing Committee
Faculty Department of Education
Purbasthali College, Purbasthali
Burdwan, WB, India.

Mr. Parimal Mandal
Coordinator / Organizing Committee
Faculty Department of Education
Purbasthali College, Purbasthali
Burdwan, WB, India.

Mr. Ashok Datta
Coordinator (Technical & IT)
Faculty Department of Education
Purbasthali College, Purbasthali
Burdwan, WB, India.

Mr. Soumya MC Ghosh
Coordinator (Technical & IT)
Faculty Department of Education
Purbasthali College, Purbasthali
Burdwan, WB, India.

Dr. Lipika Ghosh
Co-ordinator
Faculty Department of Education
Purbasthali College, Purbasthali
Burdwan, WB, India.

One Day National Webinar on

MENTAL STRESS AND SUICIDAL TENDENCIES OF NEW GENERATION IN PANDEMIC SITUATION

Organised by
PURBASTHALI COLLEGE
Affiliated to University of Burdwan
Department of Education "Under the aegis of QAC"

Sub Theme

- Mental health and mental stress are two sides of the same coin
- Stress management in the light of Indian philosophy
- Battle of depression like a new world war
- Mental stress and suicidal tendency: cause and prevention in Indian perspective
- Coronavirus pandemic create 'perfect storm' for suicide risk in new generation
- Opportunity and threat of covid-19 pandemic in Indian academic perspective

Registration Details

- Last Date of Registration: 10.07.2020
- Registration Fees: Nil
- E-Certificate will be provided to participants



Link - <https://forms.gle/2LW3d977>

WEBINAR SCHEDULE :-

12th July, 2020 ⌚ **05:00 PM**

Mr. Sohel Rana Sarkar

CONVENER
Assistant Professor & MOD
Department of Education
Purbasthali College
Burdwan, WB, India

Mr. Srikanta Hazra

CO-CONVENER
Faculty Department of Education
Purbasthali College
Burdwan, WB, India




Prasanna
Principal
Purbasthali College
Purbasthali, Burdwan

WEBINAR DETAILS

MENTAL STRESS AND SUICIDAL TENDENCIES OF NEW GENERATION IN PANDEMIC SITUATION


SUB-THEMES

- Mental health and mental stress are two sides of the same coin
- Stress management in the light of indian philosophy
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- Mental stress and suicidal tendency: cause and prevention in indian perspective
- Coronavirus pandemic create 'Perfect Storm' for suicide risk in new generation
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Purbastnar College
Parulda, Burdwan

PROGRAMME SCHEDULE

Topic	Time
INAUGURAL SESSION	
Entry Through Link	5:00 P.M
Welcome address by Convener	5:00 - 5:05 P.M
Inaugural Speech by Honorable Principal	5:05 - 5:10 P.M
TECHNICAL SESSION	
Introducing Resource Person by Convener	5:10 - 5:15 P.M
Speaker - Dr. Ganesh T. Pandit (Assistant Professor)	5:15 - 5:45 P.M
Question & Answer Session	5:45 - 5:55 P.M


Principal
Purbasthali College
Parula, Burdwan

Topic	Time
TECHNICAL SESSION-I	
Introducing Resource Person by Convener	5:55 - 6:00 P.M
Speaker - Dr. Parimal Sarkar (Assistant Professor)	6:00 - 6:30 P.M
Question & Answer Session	6:30 - 6:40 P.M
TECHNICAL SESSION-II	
Introducing Resource Person by convener	6:40 - 6:45 P.M
Speaker - Dr. Nandita Deb (Assistant Professor & Head)	6:45 - 7:15 P.M
Question & Answer Session	7:15 - 7:25 P.M
VALEDICTORY SESSION	
Vote of Thanks	7:25 - 7:30 P.M


 Principal
 Purbasthali College
 Parulia, Burdwan

WEBINAR REGISTRATION

- Last Date of Registration - 10.07.2020 at midnight
- Registration Fees - Nil
- E-Certificate will be provided to participants.

Click on the below link for Registration



<https://forms.gle/BihsphyVT3SdSo2F7>

(Google/Gmail ID sign in may be required to open the registration form.)

B. S. S.
Principal
Purbasthali College
Parulia, Burdwan

CONTACT

To get the latest updates on this webinar we also encourage you to join dedicated Telegram Group created for this Webinar. Please click on the link provided below for Joining Telegram Group.


Telegram Group :- <https://t.me/purbasthalicollegeEducation>

For any Queries, Please Contact :-

Mr. Sohel Rana Sarkar	7908066833
Mr. Srikanta Hazra	9932280281
Mr. Debasish Chakraborty	9064324573
Mr. Parimal Mandal	8240143836

Email

educationpurbasthalicollege@gmail.com


Principal
Purbasthali College
Parulia, Burdwan

PURBASTHALI COLLEGE

DEPARTMENT OF EDUCATION

Parulia, Purba Bardhaman-713513 (Affiliated to University of Burdwan)

www.purbasthalicollege.com

Email :purbasthalicollege@gmail.com

REPORT ON WEBINAR

Shorts Summary of the Webinar:

- ❖ **Name of the College:** Purbasthali College
- ❖ **Department:** Education
- ❖ **Theme of Webinar:** Mental Stress and Suicidal Tendencies of New Generation in Pandemic Situation.
- ❖ **Date of Webinar:** 12 July, 2020.
- ❖ **Duration of Webinar:** 5.00 p.m. to 7.30 p.m.
- ❖ **Departmental Meeting for Webinar:** Selection of theme, sub-themes of the webinar, 24 June, 2020.
- ❖ **Departmental Meeting for Webinar:** Selection of organizing committee on 26 June, 2020.
- ❖ **IQAC Meeting for Webinar Proposal:** Proposal accepted on 28 June, 2020.
- ❖ **IQAC Meeting:** To arrange the webinar on 8 July, 2020.
- ❖ **Departmental Meeting:** To arrange the webinar on 11 July, 2020.
- ❖ **Period of Registration:** 1st July, 2020 to 10th July, 2020 at midnight.
- ❖ **Number of Registered Candidate:** 2595
- ❖ **Webinar Platform:** You Tube Live Stream. link ; [Webinar on Mental Stress & Suicidal Tendencies of New Generation in Pandemic Situation - YouTube](#)
- ❖ **Number of Participants:** 681
- ❖ **Number of Viewers at a time:** 1691
- ❖ **Provided gift of Speakers:** A Novel; Gun Island on 15th July, 2020.
- ❖ **Appreciation Certificate of Speakers:** 17th July, 2020.
- ❖ **Number of Appreciation Certificate of Speakers:** 3
- ❖ **Number of Feedback:** 681
- ❖ **Number of Certificate Distributed:** 681

Eminent Speakers:

Technical Session-I	Technical Session-II	Technical Session-III
Dr. Ganesh T. Pandit Assistant Professor Department of Education Central Sanskrit University Shri Rajiv Gandhi Campus, Karnataka, India.	Dr. Parimal Sarkar Assistant Professor School of Education Netaji Subhas Open University Kolkata, W.B. India.	Dr. Nandita Deb Assistant Professor & HOD Department of Education, Shishuram Das College, University of Calcutta, W.B. India.

B.S. L.
Principal
Purbasthali College
Parulia, Burdwan

Programme Schedule

INAUGURAL SESSION	
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Welcome address by Convener	5:00 - 5:05 P.M
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TECHNICAL SESSION-I	
Introducing Resource Person by Convener	5:10 - 5:15 P.M
Speaker - Dr. Ganesh T. Pandit (Assistant Professor)	5:15 - 5:45 P.M
Question & Answer Session	5:45 - 5:55 P.M
TECHNICAL SESSION-II	
Introducing Resource Person by Convener	5:55 - 6:00 P.M
Speaker - Dr. Parimal Sarkar (Assistant Professor)	6:00 - 6:30 P.M
Question & Answer Session	6:30 - 6:40 P.M
TECHNICAL SESSION-III	
Introducing Resource Person by convener	6:40 - 6:45 P.M
Speaker - Dr. Nandita Deb (Assistant Professor & Head)	6:45 - 7:15 P.M
Question & Answer Session	7:15 - 7:25 P.M
VALEDICTORY SESSION	
Vote of Thanks	7:25 - 7:30 P.M

Summary of the Speech:

Over the past few months, the normal life cycle of people around the world has changed dramatically. This sudden change has affected people's mental health. Various mental difficulties such as mental exhaustion, anxiety, worry have engulfed the human mind. The current new generation is no exception. There are various reasons for the deterioration of human mental health

BSu
Principal
Purbasthali College
Parulia, Burdwan

in extreme cases and we think it is necessary to discuss the issue. That is why we have decided to hold this kind of seminar on the importance of mental health of the new generation. The speakers presented their valuable speech about "Mental Stress and Suicidal Tendencies of New Generation in Pandemic Situation". In this webinar, was discussed some sub-theme like, Mental health and mental stress are two sides of the same coin, Stress management in the light of Indian philosophy, Battle of depression like a new world war, Mental stress and suicidal tendency: cause and prevention in Indian perspective, Corona virus pandemic create 'Perfect Storm' for suicide risk in new generation, Opportunity and threat of covid-19 pandemic in Indian academic perspective etc. We have enriched ourselves a lot from this discussion. This discussion will show our new generation the right path to survive. This programme has been successful with the cooperation of faculty members, speakers, participants. Hopefully we can organize of this kind of programme in future.

Details Organizing Committee:

Dr. Bibhas Chandra Saha Chairperson Principal, Purbasthali College Parulia, Purba Bardhaman-713513.	Mr. Sohel Rana Sarkar Convener Assistant Professor & HOD Department of Education Purbasthali College, Parulia, Purba Bardhaman-713513.	Mr. Srikanta Hazra Co-convener Faculty, Department of Education Purbasthali College, Parulia, Purba Bardhaman-713513.
Mr. Debasish Chakraborty Co-ordinator Faculty, Department of Education Purbasthali College Parulia, Purba Bardhaman-713513.	Mr. Parimal Mandal Co-ordinator Faculty, Department of Education Purbasthali College Parulia, Purba Bardhaman-713513.	Mr. Ashes Datta Organizer (Technical & host) Librarian, Purbasthali College Parulia, Purba Bardhaman-713513.
Dr. Soumya Mohan Ghosh Organizer (Technical) Assistant Professor, Department of English, Purbasthali College Parulia, Purba Bardhaman-713513.	Dr. Lipika Ghoshal Co-ordinator (IQAC) Special Assistance Assistant Professor, Department of Bengali, Purbasthali College Parulia, Purba Bardhaman-713513.	

B. Saha

Principal
Purbasthali College
Parulia, Burdwan

Photo Gallery:



Ashe
 Principal
 Purbasthali College
 Parulia, Burdwan
 Date 29.07.2020

By,
Sohel Rana Sarkar
 Department of Education
 Purbasthali College.
 H.O.D
 Department of Education
 Purbasthali College
 Parulia, Purba Bardhaman



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Parulia, Purba Bardhaman - 713513

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CERTIFICATE OF PARTICIPATION

This is to certify that *Mr. Srikanta Hazra* of
Purbasthali College has successfully participated in one day
national level Webinar live streamed on 12th July, 2020 (Sunday) themed on **MENTAL STRESS
AND SUICIDAL TENDENCIES OF NEW GENERATION IN PANDEMIC SITUATION** organized by
the Department of Education, Purbasthali College, Parulia, Purba Bardhaman, West Bengal.

Dr. Bibhas Chandra Saha
Chairperson

Principal,
Purbasthal College
Purba Bardhaman - WB - India

Mr. Sohel Rana Sarkar
Convener

Assistant Professor & HOD,
Department of Education
Purbasthali College, Purba Bardhaman - WB, India

Mr. Srikanta Hazra
Co-Convener

Faculty,
Department of Education
Purbasthali College, Purba Bardhaman - WB - India

Dr. Lipika Ghoshal
Co-Coordinator

SAC,
Purbasthali College
Purba Bardhaman - WB - India



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CERTIFICATE OF PARTICIPATION

This is to certify that *Mr. Primal Mandal* of
..... *Purbasthali College* has successfully participated in one day
national level Webinar live streamed on 12th July, 2020 (Sunday) themed on **MENTAL STRESS
AND SUICIDAL TENDENCIES OF NEW GENERATION IN PANDEMIC SITUATION** organized by
the Department of Education, Purbasthali College, Parulia, Purba Bardhaman, West Bengal.

Dr. Bibhas Chandra Saha
Chairperson

Principal,
Purbasthali College
Purba Bardhaman, WB, India

Mr. Sohel Rana Sarkar
Convener

Assistant Professor & HOD,
Department of Education
Purbasthali College, Purba Bardhaman, WB, India

Mr. Srikanta Hazra
Co-Convener

Faculty,
Department of Education
Purbasthali College, Purba Bardhaman, WB, India

Dr. Lipika Ghoshal
Co-Ordinator

IQAC
Purbasthali College
Purba Bardhaman, WB, India



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Affiliated to University of Burdwan, Department of Education (Under the aegis of IQAC)

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CERTIFICATE

It is our great pleasure to certify that

Dr. Ganesh T. Pandit

Assistant Professor, Department of Education, Central Sanskrit University, Shri Rajiv Gandhi Campus, Karnataka, India
has delivered a lecture as distinguished speaker in the national level Webinar on

MENTAL STRESS AND SUICIDAL TENDENCIES OF NEW GENERATION IN PANDEMIC SITUATION

*organized by the Department of Education, Purbasthali College, Parulia, Purba Bardhaman,
West Bengal, India on 12th July 2020 (Sunday).*

Dr. Bibhas Chandra Saha
Chairperson

Principal,
Purbasthali College
Purba Bardhaman, W.B. India

Mr. Sohel Rana Sarkar
Convener

Assistant Professor & HOD,
Department of Education
Purbasthali College, Purba Bardhaman, W.B. India

Mr. Srikanta Hazra
Co-Convener

Faculty,
Department of Education
Purbasthali College, Purba Bardhaman, W.B. India

Dr. Lipika Ghoshal
Co-Convener

Faculty,
Purbasthali College
Purba Bardhaman, W.B. India