

**ESTD: 2009** 

Vill + P.O:-Parulia, Dist:- Burdwan, Pin No-713513 Mob. No. 03454-264666

Email :- Purbasthalicollege@gmail.com

### Programme on 'Stop Stigma of HIV/AIDS' 2021

Name of the Programme: 'Stop Stigma of HIV/AIDS'

Organising Authority: NSS Unit-Purbasthali College and Red Ribbon Club

Date: 02/12/2021

Venue: Baidikpara, Purbasthali.

Number of participants: 42

### A brief summary of the programme:

A programme on Aids Awareness was organized by the NSS Unit of Purbasthali College in the adopted village on 02/12/2021. The programme was started at about 11am with a brief inspirational speech from the programme officer Mr Biswanath Bhattacharyya on the relevance of this programme. Then the volunteers visited almost every door of the locality taking placards and banners in their hands. They tried their best to make the people aware of the various aspects of HIV to break the stigma and taboos regarding AIDS among the common people and also distributed leaflets among them. People responded very well and appreciated the volunteers for the kind of initiatives taken by them. The programme continued till 2:30pm and the programme officer called it a day after distributing a small tiffin to the volunteers.

Programme Officer NSS UNIT Purbasthali College



Fig. "Programme on 'Stop Stigma of HIV/AIDS 2021" on 02.12.2021

Programme Officer NSS UNIT Purbasthali College



ESTD: 2009

Vill + P.O:-Parulia, Dist:- Burdwan, Pin No-713513

Mob. No. 03454-264666

Email:-Purbasthalicollege@gmail.com

### Programme on Clean India 2022, February

Name of the Programme: Clean India Programme

Organising Authority: NSS Unit, Purbasthali College

Date: 20/02/2022

Venue: Baidikpara, Purbasthali.

Number of participants: 40

A brief summary of the programme:

A Clean India Programme was organized by the NSS Unit of Purbasthali College on 20/02/2022. The programme was started at about 11am throughout a short cultural programme. Besides the students, volunteers and teachers, the programme was attended by our respected principal Dr. Bibhas Chandra Saha. The programme was inaugurated by our respected principal with his valuable speech. Then other teachers also delivered their valuable speeches on this particular occasion. The first part of the programme was concluded with an address from our respected principal sir.

Now it was the time for the volunteers to visit the nearby locality. They tried to make the villagers understood the necessity of keeping our surroundings clean. Even they themselves cleaned many garbages, dustbins and drains to set an example for the villagers. They also related to them how these garbages and drains served as the breeding ground of diseases. Their effort helped the villagers a lot and they promised to keep their surroundings clean.

Programme Officer NSS UNIT Purbasthali College



Fig. "Clean India Programme" on 20.02.2022

Programme Officer NSS UNIT Purbasthali College



ESTD: 2009

Vill + P.O:-Parulia, Dist:- Burdwan, Pin No-713513 Mob. No. 03454-264666

Email:-Purbasthalicollege@gmail.com

### Protect Your Girl Child from Early Marriage

Organized by NSS, Purbasthali College in collaboration with Women's Cell, Purbasthali College

#### Introduction:

The National Service Scheme (NSS) along with the Women's Cell at Purbasthali College is dedicated to promoting social welfare and community development through volunteerism and service-oriented programs. In alignment with this mission, a program focused on "protecting girl children from early marriage", a pervasive issue in many communities, was proposed.

Date: 03/03/2022

Venue: Baidikpara, Purbasthali.

Number of participants: 41

### Program Objectives:

- To raise awareness about the harmful effects of early marriage on girl children and their
- To empower girls with knowledge and resources to resist early marriage and pursue education.
- To foster partnership with local Panchayat to prevent early marriage and support girl' rights to education.

#### **Program Components:**

Conducting a Sample Survey:

To understand the number of female children in the locality a sample survey was done in the adopted village of the college, i.e. in Baidikpara, Purbasthali, Purba Bardhaman.

Awareness Campaigns:

Conducting awareness sessions to educate parents and community members about the negative impacts of early marriage on girls' health, education, and future prospects.

Principal
Purbasthali College

Parella, Purbe Berdheme

NSS UNIT Purbasthali College Using posters, banners, and placards to disseminate information and raise awareness about the importance of educating girls.

Organizing campaigns to encourage families to enroll their daughters in schools, addressing barriers such as financial constraints and cultural beliefs.

Partnership with Local Authorities:

Collaborating with local authorities, including the Purbasthali Gram Panchayat, to implement policies and initiatives aimed at preventing early marriage and supporting girls' education and empowerment.

#### Survey Methodology:

The survey employed a mixed-methods approach, combining quantitative and qualitative data collection techniques. Quantitative data was gathered through household surveys, while qualitative insights were obtained through focus group discussions and interviews with parents, and local people.

#### **Key Findings:**

Low Enrollment Rates: The survey revealed low enrollment rates of girls in schools, particularly at the secondary level. Several families cited financial constraints and cultural norms as barriers to sending their daughters to school.

Early Marriage and Dropout Rates: Many girls were found to drop out of school prematurely due to early marriage or family responsibilities, perpetuating a cycle of poverty and illiteracy.

Lack of Awareness: There was a lack of awareness among parents and community members about the importance of girl child education and the long-term benefits it offers.

Infrastructure and Resource Constraints: Some schools in the village lacked adequate infrastructure, including separate toilet facilities for girls, as well as trained teachers and learning materials tailored to girls' needs.

#### Measures to Address the Issue:

Awareness Campaigns: Conducting awareness campaigns and community meetings to educate parents and community members about the importance of girl child education and the adverse effects of early marriage and dropout.

Scholarships and Financial Assistance: Providing scholarships and financial assistance to economically disadvantaged families to cover school fees, textbooks, and other educational expenses for their daughters.

Infrastructure Development: Improving school infrastructure, including the construction of separate toilet facilities for girls and the provision of necessary learning materials and equipment.

Programme Officer
NSS UNIT

Capacity Building: Organizing training programs and workshops for teachers and community volunteers to enhance their capacity in addressing the unique needs of girl students and creating a supportive learning environment.

Girls' Empowerment Programs: Implementing empowerment programs for girls, including life skills training, career guidance, and mentorship, to build their confidence and resilience and empower them to pursue their educational aspirations.

Parental Engagement: Engaging parents through parent-teacher meetings, counseling sessions, and community forums to garner their support for girls' education and address any misconceptions or cultural barriers.

#### Conclusion:

In conclusion, the "Protect Your Girl Child from Early Marriage" program aims to address a critical issue affecting the well-being and future prospects of girls in our community. By raising awareness, providing support services, and mobilizing community support, we can create a protective environment where every girl can thrive and fulfill her potential.

Programme Officer NSS UNIT Purbasthali College

Principal
Purbasthali College

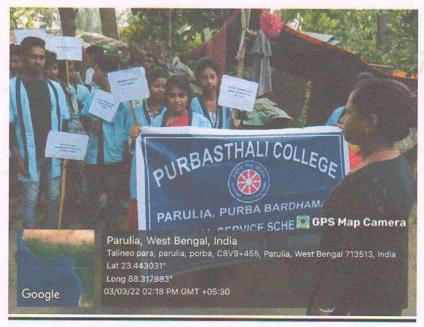


Fig. "Programme on Protect Your Girl Child from Early Marriage" on 03.03.2022

Programme Officer NSS UNIT Purbasthali College



ESTD: 2009

Vill + P.O:-Parulia, Dist:- Burdwan, Pin No-713513 Mob. No. 03454-264666

Email:-Purbasthalicollege@gmail.com

### Tobacco Control Programme 2022

Name of the Programme: Tobacco Control Programme

Organising Authority: NSS Unit, Purbasthali College

Date: 29/03/2022

Venue: Talivata more, parulia

Number of participants: 42

### A brief summary of the programme:

A Tobacco Control Programme was organized by the NSS Unit of Purbasthali College on 29/03/2022. The programme was started at about 11.30am throughout a short cultural programme. Besides the students, volunteers and teachers, the programme was attended by our respected principal Dr. Bibhas Chandra Saha. The programme was inaugurated by our respected principal with his valuable speech. Then other teachers also delivered their valuable speeches on this particular occasion. The first part of the programme was concluded with an address from our respected principal sir.

Now it was the time for the volunteers to start visiting nearby locality and making the villagers aware of the consequences of smoking. They illustrated to the villagers some cases of cancer and death because of using tobacco. The volunteers also made them understood how children are affected by their elders' bad habits. The villagers expressed their thankfulness to them and promised to create a healthy society for themselves and their children.

Programme Officer NSS UNIT Purbasthali College





Fig. "Tobacco Control Programme" on 29.03.2022

Programme Officer NSS UNIT Purbasthali College



**ESTD: 2009** 

Vill + P.O:-Parulia, Dist:- Burdwan, Pin No-713513 Mob. No. 03454-264666

Email :- Purbasthalicollege@gmail.com

### Rally on Water Preservation 2022

Name of the Programme: Rally on Water Preservation

Organising Authority: NSS Unit, Purbasthali College

Date: 12/04/2022

Venue: Baidikpara, Purbasthali.

Number of participants: 41

### A brief summary of the programme:

A rally on Water Preservation was organized by the NSS Unit of Purbasthali College on 12/04/2022. The rally was started at about 11am with the due leadership of the programme officer Mr Biswanath Bhattacharyya. The volunteers were ready with a banner dedicated to the programme in their hands. They started visiting the adopted village and approached them to be a part of this endeavour. Their objective was to make people aware of the necessity of saving drinking water. They also told them about some ways of preserving our drinking water. The idea behind the initiative was to invoke the feelings in the hearts of the people that our water is one of the most important things in our life. Therefore we have to be very careful while using water. The villagers received them very warmly and promised to be very cautious while using water. The villagers appreciated their great endeavour and the programme was concluded at about 2pm.

Programme Officer NSS UNIT Purbasthali College



Fig. "Rally on Water Preservation" on 29.03.2022

Programme Officer NSS UNIT Purbasthali College



**ESTD: 2009** 

Vill + P.O:-Parulia, Dist:- Burdwan, Pin No-713513 Mob. No. 03454-264666

Email :- Purbasthalicollege@gmail.com

### Fit India Campaign 2022

Name of the Programme: Fit India Campaign

Organising Authority: NSS Unit, Purbasthali College

Date: 21/06/2022

Venue: Baidikpara, Purbasthali.

Number of participants: 41

### A brief summary of the programme:

A Programme on Fit India Campaign was organized by the NSS Unit of Purbasthali College on 21/06/2022. The programme was started at about 11am throughout a short cultural programme. Besides the students, volunteers and teachers, the programme was attended by our respected principal Dr. Bibhas Chandra Saha. The programme was inaugurated by our respected principal with his valuable speech on the importance. Then other teachers also delivered their valuable speeches on this particular occasion. The first part of the programme was concluded with an address from our respected principal sir.

Now it was the time for the volunteers to start visiting the nearby locality and making the villagers aware of the importance of Yoga. They made the villagers understood that yoga is one of the most effective ways of promoting physical and mental health. They also conveyed to them how yoga helps to reduce anxiety, stress and depression, while also improving flexibility, balance and overall physical fitness. Moreover, they taught them some simple yogas which the villagers can easily practice such as meditation, breathing exercises etc. The villagers expressed their thankfulness to them. Then the volunteers came back to the college campus and our respected principal also admired their endeavour.

Principal
Purbasthali College
Parulia, Purba Bardhaman

Programme Officer

NSS UNIT



Fig. "Fit India Campaign 2022" on 21.06.2022

Programme Officer NSS UNIT Purbasthali College